




# PUPPY POTTY TRAINING: Daily Worksheet Instructions

Potty training your puppy is simple, but it's never easy. Use the Potty Training Daily Worksheet to help keep your puppy's training on track. Having a plan and sticking to it will make potty training happen **AS SOON AS POSSIBLE**.

1. Visually capture the times of day your puppy will be with and without a human by highlighting the corresponding blocks in the **UNSUPERVISED TIME** and **SUPERVISED TIME** columns.
2. Make a check in the **SCHEDULED POTTY TIME** column when you plan to bring your puppy outside. If your puppy doesn't make it between scheduled potty times you can access the situation and adjust your scheduled potty times accordingly.
3. Assign a **HUMAN** to be responsible for your puppy at all times of day. Your dog won't let itself out.
4. When potty time happens, mark whether your pup peed, pooped, or did both in the **PEE / POO** columns. It's important to note for keeping track of rewards.
5. Use the **REWARD TREATS** and **REWARD PLAY** to record how you positively reinforced your puppy's successful potty. You want to make sure you consistent for each pee, poop, or both, as well as give yourself a visual cue for weening off treat rewards once your puppy gets the big picture.

## Example Worksheet

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**PUPPY POTTY TRAINING: Daily Worksheet** Date: \_\_\_\_\_

|      | Unsupervised Time | Supervised Time | Scheduled Potty Time | Human | Pee / Poo | Reward: Treats | Reward: Play | Notes                        |
|------|-------------------|-----------------|----------------------|-------|-----------|----------------|--------------|------------------------------|
| 12am |                   |                 |                      |       |           |                |              |                              |
| 1am  |                   |                 |                      |       |           |                |              |                              |
| 2am  |                   |                 |                      |       |           |                |              |                              |
| 3am  |                   |                 |                      |       |           |                |              |                              |
| 4am  |                   |                 |                      |       |           |                |              |                              |
| 5am  |                   |                 |                      |       |           |                |              |                              |
| 6am  |                   |                 | x                    | K     | x x       | 8              |              |                              |
| 7am  |                   |                 | x                    | K     | x         | 3              |              |                              |
| 8am  |                   |                 | x                    | K     | x         | 3              |              |                              |
| 9am  |                   |                 | x                    | K     | x         | 3              |              |                              |
| 10am |                   |                 | x                    | K     |           |                |              |                              |
| 11am |                   |                 | x                    | K     | x         | 5              |              | Didn't go. Tried again / 30m |
| 12pm |                   |                 | x                    | K     | x         | 3              |              |                              |
| 1pm  |                   |                 | x                    | J     | x         | 3              |              |                              |
| 2pm  |                   |                 | x                    | J     | x         | 3              |              |                              |
| 3pm  |                   |                 | x                    | J     | x         | 3              |              |                              |
| 4pm  |                   |                 | x                    | J     | x         | 3              |              |                              |
| 5pm  |                   |                 | x                    | J     | x x       | 8              |              |                              |
| 6pm  |                   |                 | x                    | J     | x         | 3              |              |                              |
| 7pm  |                   |                 | x                    | J     | x         | 3              |              |                              |
| 8pm  |                   |                 | x                    | J     | x         | 3              |              |                              |
| 9pm  |                   |                 | x                    | J     | x         | 3              |              |                              |
| 10pm |                   |                 |                      |       |           |                |              |                              |
| 11pm |                   |                 |                      |       |           |                |              |                              |

**TIP:** For best results, use a new worksheet daily.